

## 2018 CU Academy Programs Descriptions

### Academy

- Program Manager – Danny Woolliscroft
- Focus on individual player development – make each player technically better
- 5 to 7 Weekly staff training sessions from United’s staff coaches
- Program for players that like soccer and want more from the game
- Committed to improve their game
- Play 7v7 against other Academy teams
- Practice typically twice a week at Cherry Knolls or Community Park
- Boys: 4.30 – 5.45pm, Girls: 5.45 – 7.00pm
- Volunteer coaches, Head and Assistant
- Teams formed by pods of players from previous teams at U8
- Season starts mid-August and finishes late October

### Nike Academy

- Program Director – Barry Mantle
- Players are identified through ID Days in May to play in this program
- Soccer as a priority sport in the season
- Above average ability
- Dedicated and focused to improve
- Wants to be with similar minded players
- Love and committed to soccer
- Play 7v7 in CSA Intermediate league
- Practice 3 times a week at Southbridge Park
- Staff assigned coaches
- Teams participate in a minimum of 3-4 tournaments per year, pre and post season
- Year round soccer program – teams will participate in our summer 4v4 league and winter training
- Season starts early August and finishes early November

### Program Similarities & Dates

- Developing players vs. Winning
- GK Training included
- All players receive a training T-shirt
- Registration opens early June
- 1<sup>st</sup> game Saturday, September 8<sup>th</sup>
- 7 to 8 game season
- CSA Cup on October 6<sup>th</sup> & 7<sup>th</sup>

### Nike Academy ID Days/Practice Sessions

- 2010 Birth Years - May 14<sup>th</sup> & 15<sup>th</sup>
- 2009 Birth Years – May 16<sup>th</sup> & 17<sup>th</sup>
- Location – Cherry Knolls
- Need to pre-register to attend